1. I believe that I have strong skills in the following areas...

____________________________________________________________________

2. I believe that my weaknesses are in...

____________________________________________________________________

3. These are the people I believe may be able to help me the most...

____________________________________________________________________

4. Here are things that help me perform well in school...

____________________________________________________________________

5. If I had my choice, I would take the following classes...

____________________________________________________________________

6. Here are things I most enjoy about school...

____________________________________________________________________

7. I have been involved in an IEP meeting before ................................................................. True False

8. I know what happens in an IEP meeting ................................................................. True False

9. I know what my goals are in my IEP ................................................................. True False

10. I have rights according to my IEP ................................................................. True False

11. Only my parents have responsibilities for carrying out my IEP ......................................................... True False

12. I have been invited to my IEP before ................................................................. True False

13. I can name two people at my last IEP meeting ................................................................. True False

14. I know exactly what to say at my IEP meeting ................................................................. True False

15. I know what my disability is ................................................................. True False

Excerpted from Getting the Most Out of IEPs: An Educator’s Guide to the Student-Directed Approach by Colleen A. Thoma Ph.D., Paul Wehman Ph.D.