The Handbook for
EVIDENCE-BASED
PRACTICE in
COMMUNICATION
DISORDERS

by

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CAPP: Checklist for Appraising Evidence on Patient Preferences

Evaluator: _________________________ Date: _______________________________

Foreground question:
For ____________________________ (This patient, once fully informed of costs, risks, benefits)
is ______________________________ (One clinical option)
preferred (Outcome)
as compared with __________________ (Other clinical option[s])

A. Establish common ground through discussions among patient, clinician, and, when appropriate, significant others concerning their perspectives on
1. The nature of the patient’s communication deficits
2. The ways in which these affect the patient’s ability to achieve participation and other goals
3. The patient’s desired level of participation in clinical decision making
4. A plan to monitor these and other issues on a mutually agreeable schedule

B. Prepare information on clinical options, highlighting differences perceptible to the patient:

<table>
<thead>
<tr>
<th>Option 1</th>
<th>Option 2</th>
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<tbody>
<tr>
<td>5. What specific procedures, sites, participants, schedules, and so forth are associated with the option?</td>
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<tr>
<td>6. What outcomes (benefits, costs, risks) are associated with the option according to best current external evidence, and what is the quality of that evidence?</td>
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<td>7. Is one option substantially superior according to high-quality external evidence?</td>
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<td>8. If so, does the external evidence come from patients reasonably similar to this patient?</td>
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<td>9. What outcomes (benefits, costs, risks) has the patient seen in previous experiences with the option?</td>
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<td>10. What outcomes has the clinician seen in previous experiences with the option?</td>
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<tr>
<td>11. Is one option substantially superior according to this internal clinical practice evidence?</td>
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C. Synthesize external and internal evidence

12. Do external and/or internal evidence strongly favor one of the options, or are both reasonable?

13. Based on shared understanding of respective benefits, risks, and costs, does the patient strongly prefer one of the options?

Clinical bottom line: _______________________________________________________

Target date for reconsideration: _____________________________________________

APPENDIX E

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